

Blue Angels Rock N Fly 1/2 Marathon & 5K Run/Walk March 21, 2015 8 a.m. start time for both races at Radford and Fred Bauer on NAS Pensacola (in front of Starbucks) Don't miss a Shock and Awe event!

RACE WILL HAVE A REGISTRATION LIMIT OF 3,000 RACE SOLD OUT IN 2014

"We provide the rock, you provide the fly."

Sponsorship packages are available on the website:

www.runrocknfly.com

Sponsorship levels include:

Rock N Fly Fan Club	In Kind
Rock N Fly Crew	\$250
Rock N Fly Rocker	\$500
Rock N Fly Rock Star	\$1,000
Rock N Fly Platinum	\$2,500

All proceeds go to support Navy-Marine Corps Relief Society and Navy Ball. For more information call: (850) 505-7086 or (850) 505-6020

Web: www.runrocknfly.com

Connect with us on Facebook, Twitter or Instagram.







1/2 MARATHON & 5K

ENCORE TOUR

AWARDS

- Unique overall award for half marathon & 5K designed by Ben Bogan
- 2. Awards for multiple age groups for half marathon & 5K (3 deep)
- Walker awards (I deep) for Overall, Masters, Grand Master & Senior Grand Master
- 4. Hand crank overall male and female
- 5. Best mullets and rocker costumes (3 deep) WHY RUN ROCK N FLY
- RACE WILL HAVE A REGISTRATION LIMIT OF 3,000. RACE SOLD OUT IN 2014.
- Great post-race party with refreshments & live bands
- Electrifying National Anthem
- All participants receive t-shirt & poster
- Music every mile on the course
- Finisher medals for 1/2 marathon finishers
- Karaoke stop, two DJs and parade float
- \$40K donated to Navy and Marine Corps Relief in 2014
- Crazy costumes and mullets encouraged!

<u>COURSE</u>

Family oriented 5K run/walk and half marathon that runs through the streets of Naval Air Station Pensacola. Both courses begin at the corner of Radford and Fred Bauer Street. Participants will follow directional signage and road guards. There will be several water stations with music along course. The race begins and ends within walking distance of Radford Gym.

FINISH LINE & SCORING

The 2015 Rock N Fly 1/2 Marathon & 5K will be scored by a timing device. Bibs must be visible at the finish line and chips worn on shoes to get timed. Results will be posted at www.gulfssporttiming.com

REGISTRATION

Please mail to: Navy Ball Association 1008 N Reus St. Pensacola, FL 32501

Make checks payable to: Navy Ball Association Online Discount Registration available: www.runrocknfly.com

1/2 MARATHON PAPER REGISTRATION

\$55 by Oct I, 2014 Loyal Rocker Rate
\$65 by Jan I, 2015 Fan Club Rate
\$70 by Mar I, 2015 VIP Rate
\$85 by Mar 20, 2015 All Access Rate

5K PAPER REGISTRATION

\$25 by Oct I, 2014 Loyal Rocker Rate
 \$27 by Jan I, 2015 Fan Club Rate
 \$32 by Mar I, 2015 VIP Rate
 \$35 by Mar 20, 2015 All Access Rate

\$15 by March 1, 2015 to be guaranteed shirt. Fun run recommended for 12 and under. Fun run will start at 10 a.m.

PACKET PICK UP

Friday, March 20, 2015 (3 - 7:30 p.m.) at Seville Quarter or race day (6 –7:30 a.m.) at Naval Branch Health Clinic NAS Pensacola across from Radford Gym.

POST RACE PARTY

- Attendees must be 21 years of age or older and present valid identification to possess alcoholic beverages and wear a wrist band. All runners are encouraged to drink responsibly.
- You must be wearing your race number to be served food and beverages.

ENTRY FORM

Please print in blue or black ink. Fill out the form completely. Entry will not be accepted without entry fee & signed waiver.

FIRST NAME___

LAST NAME
ADDRESS
CITYSTATE
ZIP PHONE ()
EMAIL
DATE OF BIRTH/ AGE
MALEFEMALE SHIRT SIZE: XS S M L XL XXI

Race SELECTION: (Circle one) 5K Run 5K Walk 1 /2 Marathon Fun Run Name a song or motivational statement you want to see or hear on the course:

STANDARD WAIVER LIABILITY AGREEMENT:

"I know that running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to any aspect of my participation in this event, including but not limited to falls, contact with other participants, the effects of the weather, including heat, cold or humidity, traffic and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the DoD, US Navy, NAS Pensacola, Navy Ball, Navy-Marine Corps Relief Society and any and all sponsors, representatives and volunteers of the Rock N Fly 1/2 Marathon & 5K from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose." Participant or Guardian signature: